



Bryce Perry

Award-winning Parkinson's patient-innovator, keynote speaker and founder



Short biography

Bryce Perry is an award-winning global Parkinson's patient-innovator, keynote speaker and founder of Doing Life Today. Diagnosed with early-onset Parkinson's in 2010 at age 40, he combines lived experience, practical tools, honest conversation and humour to help people with Parkinson's and care partners take their next useful step.

Recognition

- 2026 Communicator Award of Excellence for Healthcare & Pharma Podcast Series
- Named Most Inspiring Parkinson's Awareness Advocate of 2026
- Host of Living with Parkinson's, Life in Motion and Bryce Unplugged

Press and media biography

Bryce Perry is an award-winning global Parkinson's patient-innovator, keynote speaker and founder of Doing Life Today, an international digital community hub reaching people in more than 120 countries. Diagnosed with early-onset Parkinson's disease in 2010 at age 40, Bryce brought 15 years of corporate operations leadership experience into full-time patient advocacy. Refusing to settle for sugar-coated platitudes or overly clinical datasets, he created a media ecosystem grounded in radical honesty, practical peer support and humour. He is the creator and host of Living with Parkinson's: The Good, the Bad, and the Reality, which received the 2026 Communicator Award of Excellence for Healthcare & Pharma Podcast Series, as well as the popular Life in Motion live show and Bryce Unplugged video series. Named the Most Inspiring Parkinson's Awareness Advocate of 2026, Bryce connects with tens of thousands of people through Doing Life Today's videos, podcasts, tools and private community, The Club. His work builds practical daily roadmaps, interactive symptom-tracking tools and actionable peer strategies that help individuals and care partners move beyond passive awareness and back into active living.



Bryce Perry in his own words

Selected language for profiles, event programmes and media coverage

Actionable advice, not simple awareness

“ People do not just need Parkinson's awareness. They need to know what they can do next Tuesday.

“ We don't need more tragic symphonies or sterile clinical pamphlets. We need a practical user manual for the messy, unscripted reality of daily life.

The reality of invisible symptoms

“ People mean well when they say, 'But you look so good.' They see us at our best. They don't see the immense, exhausting mental calculation it takes just to sit there and look fine.

“ A button is not always just a button. A morning routine can consume 100% of your energy. Living with a progressive disease completely rewrites what a victory looks like.

Peer support and the collective journey

“ The next person should not have to do this alone.

“ Welcome to the club nobody wanted to join. There is no such thing as a perfect Parkinson's patient, so stop measuring your symptoms against someone else's timeline.

Mental fatigue and resilience

“ With a progressive condition, I don't follow a routine. I renegotiate it daily with my body.

“ Every time you avoid a crowded room or drop a hobby out of anxiety, your world shrinks a little bit smaller. True advocacy is about building the tools to keep your world wide open.



APPROVED MEDIA IMAGES

Portraits and podcast artwork

Choose the file that best fits the publication or event layout



Blue-background portrait

Bryce-Perry-Official-Portrait-Blue-2026.jpg



Transparent portrait

Bryce-Perry-Official-Portrait-Transparent-2026.png



Black-background portrait

Bryce-Perry-Official-Portrait-Black-2026.jpg



Podcast cover artwork

Living-with-Parkinsons-Podcast-Cover-2026.jpg

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